Partner 1 _____

Behavioral Trigger *(When you pursue or withdraw by)*

-
-

Relationship Message *(I hear this as a message saying)*

-

Secondary/Surface Emotion *(Then I feel)*

-
-
-

Primary Emotion *(But underneath I'm really feeling)*

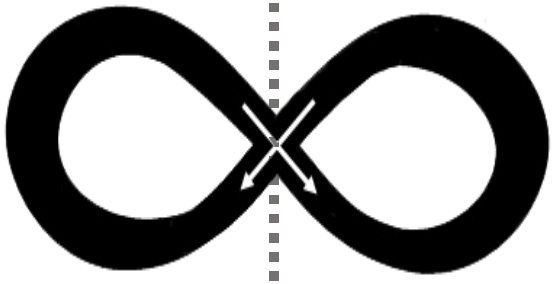
-
-

Unmet Attachment Needs *(Because what I long for is)*

-
-

Reactive Behavior *(So in response what I wind up doing is)*
This should match Partner 2's behavioral trigger

-
-



Partner 2 _____

Behavioral Trigger *(When you pursue or withdraw by)*

-
-

Relationship Message *(I hear this as a message saying)*

-

Secondary/Surface Emotion *(Then I feel)*

-
-

Primary Emotion *(But underneath I really feel)*

-
-

Unmet Attachment Needs *(Because what I long for is)*

-
-

Reactive Behavior *(So in response what I wind up doing is)*
This should match Partner 1's behavioral trigger

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